



All lasting change begins from within...

Peggy Koelliker, motivational HypnoCoach and founder of The Healing Connection, provides simple, cutting-edge strategies to help you increase the overall quality of your professional and personal life.

The Healing Connection's services help individuals:

- **Increase self-confidence and personal power**
- **Experience greater focus and energy**
- **Build positive, solid relationships**
- **Manage day-to-day stress**
- **Create a healthier work environment**
- **Relax easily and effectively**

"Your professionalism and sincerity set a great example. Thank you for your encouragement and stretching me beyond my comfort zone. This was really needed. I'm looking forward to refining the techniques you presented and have mastered so well."

Bill G.

"Peggy's understanding, energy, and passion are infectious. Her professionalism and rapport-building skills benefit clients, colleagues, and the community at large."

**Carolyn Dickson, Chairman
VoicePro Inc.**

■ ■ **Our Coaching Services**

Through one-on-one coaching and group workshops, The Healing Connection offers three easy-to-use techniques – self-awareness, relaxation and emotional freedom – to help you achieve your goals, increase your personal and professional satisfaction, and create a healthier, more enjoyable lifestyle.

■ ■ **What You Will Learn**

Self-Awareness. Self-awareness is the first step toward positive change. Learn to recognize and use the power of your thoughts, movement, and physiology to communicate more effectively, enhance your performance and strengthen those relationships that lead to fulfillment and success.

Relaxation. Relaxation is the foundation for energy, charisma, and effective communication. Reduce stress and improve your relationships by learning to relax your body and quiet your mind.

Emotional Freedom. All too often, our emotions color our thoughts and actions. Increase your self-confidence and personal power by learning to experience emotional freedom and "feel comfortable in your own skin."

■ ■ **How You Will Benefit**

- Greater focus and energy to achieve your goals
- Greater adaptability and flexibility in a changing environment
- Expanded creativity and enthusiasm
- Increased self-esteem and self-confidence
- Improved decision-making and relationship-building skills
- Heightened listening skills
- Enhanced job satisfaction

■ ■ **Additional Products Coming Soon...**

Relaxation and Self-Confidence Compact Discs

Will be available for purchase online at www.healconnect.com

Note: Call for pricing on group orders.

Peggy Koelliker became interested in the healing profession while working as a professional development coach, teaching communication skills to business executives. Through her clients, she discovered the importance of quieting the mind and listening to one's intuitive voice to become more effective on the job and at home.

As a motivational HypnoCoach, Peggy guides individuals to the untapped abilities of the mind, allowing them to remove limiting beliefs, experience the world of possibilities, and create a compelling future for themselves. In the interest of physical health, she also teaches individuals how to support the body's self-healing mechanisms; increasing the flow of energy in the body so one feels better physically, thinks with greater clarity and experiences greater joy in everyday life.



EDUCATION

- Certified Clinical Hypnotherapist – The Wellness Institute
- Advanced Emotional Freedom Techniques – Dr. Patricia Carrington
- RoHun Therapist – Delphi University
- NLP Master – National Federation of NeuroLinguistic Psychology
- Usui/Karuna Reiki Master – St. Joseph Wellness Center/The Int'l Center for Reiki Training
- Certified HypnoCoach – National Guild of Hypnotists
- Certified HypnoBirthing Practitioner – HypnoBirthing Institute
- Certified Non-Directive Imagery Consultant – Ohio Academy of Holistic Health
- Certified Light Journey Guide – SpiritHeal Institute
- Certified Emergency Hypnosis Instructor – National Guild of Hypnotists
- Certified in Pain Management – National Guild of Hypnotists
- Reconnective Healing Practitioner – Eric Pearl
- Licensed Ordained Minister – State of Ohio
- B.B.A. – Cleveland State University, retired CPA

PROFESSIONAL AFFILIATIONS

- Member, Association for Comprehensive Energy Psychology (ACEP)
- Member, National Guild of Hypnotists
- Member, National Federation of NeuroLinguistic Psychology
- Member, Association for Research and Enlightenment, Inc.
- Member, Associated Bodywork and Massage Professionals
- Member, Ohio Society of CPAs

PUBLIC RELATIONS

- Research Committee, Association for Comprehensive Energy Psychology

THE HEALING CONNECTION also provides a variety of private client services such as:

Reiki and Emotional Freedom Techniques™ Workshops – Intuition and Self-Hypnosis Workshops

Relaxation through Nature Workshops – HypnoBirthing Childbirth Classes – Self-Empowerment Workshops

Motivational HypnoCoach and Speaker